

# Participant Report Form – Call 2018 – KA1 – Learning Mobility of Individuals – Learners mobility for training in vocational education and training

Fields marked with \* are mandatory.

Document code: EP-KA1-VET-Learners-2018

## 1 Purpose of the participant report

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This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45 /2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

## 2 Identification of the Participant and General Information

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### \*2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Prenume Nume

### 2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

10/06/2019 - se va schimba pentru Fluxul II si pentru Bailesti

### 2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

05/07/2019 - se va schimba pentru Fluxul II si pentru Bailesti

\*2.4 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct the email address if necessary.

\*2.5 During which year of your studies did you go on Erasmus+ mobility?

- 1
- 2
- 3
- 4
- already graduated

Anul de studiu: 1, 2 sau 3

\*2.6 What were your main motivations for carrying out a learning mobility period abroad?

Multiple answers are possible.

- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language

se pot alege si alte optiuni

### 3 Quality of Studies/Training

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\*3.1 Your receiving institution was...?

- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving organisation?

	Very good	Good	Fair	Poor	Very poor	Not applicable
*The quality of content of training	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*The quality of teaching methods	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*3.3 Please describe what you have done during your mobility period. Which new knowledge, skills and competences did you gain or improve?

1. Am luat glicemii, tensiuni. am invatat sa recoltam. Pe parcursul practicii am ajutat personalul medical in activitatile lor.

Am invat sa schimb perfuziile, am luat glicemia, am participat la vizita medicilor, am participat la recoltarea probelor biologice pentru examenul de laborator.

\*3.4 What were the most important experiences during your mobility period? Please mention both positive and negative aspects.

Am li vrut sa putem face stagiul de practica pe cat mai multe sectii pentru a putea acumula cat mai multe invormatii pe parcursul practicii  
a fost o experienta foarte frumoasa din care am invatat foarte multe lucruri, cea mai frumoasa zi a fost cand am asista la operatia unui batran de inima , mi a placut foarte mult atitudinea medicilor fata de pacienti , la fel de mult mi a placut experianta per total deoarece am invatat sa ma integrez intr un colectiv profesionist medical care s au ocupat foarte bine de noi astfel incat am fost satisfacuta pe deplin de proiect

\*3.5 Would you recommend your hosting organisation?

- Yes  
 No

3.6 How would you evaluate the quality of support at your sending and receiving organisations?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
* I was given proper help to find a suitable hosting organisation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="checkbox"/>
* The organisation where I was trained met my needs	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I knew clearly what I was expected to do and learn during my training abroad	<input type="radio"/>	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The training duration was long enough for me to fulfil my training objectives	<input type="radio"/>	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The proposed activities were directly related to my training objectives in my home country	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I was provided with proper equipment	<input type="radio"/>	<input type="radio"/>	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I knew who the person assigned to help me carry out my training and check my results was	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* My sending organisation was helpful during my placement	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 4 Foreign Language Skills and Linguistic Support

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\* 4.1 What was the main language used during your mobility activity?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish

- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\* 4.2 If other, please specify

\* 4.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes
- No, I was already fluent
- No

\* 4.4 Did you take advantage of linguistic support in learning this main language?

- Yes
- No

\* 4.5 Approximately, for how many hours in total?

- Less than 10 hours
- Between 10 and 30 hours
- Between 30 and 50 hours
- More than 50 hours

\* 4.6 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ Online Linguistic Support (OLS)
- Language course/training provided by the sending institution/organisation
- Language course/training provided by the hosting institution/organisation
- Language course/training provided both by the sending and hosting institutions/organisations
- Financial support to carry out a self-study (DVD, books)

Other

\* 4.7 Do you feel the Online Linguistic Support (OLS) course helped you to improve your language level?

Yes

No

\* 4.8 Overall, how satisfied were you with the OLS experience?

Very satisfied

Rather satisfied

Neither satisfied nor dissatisfied

Rather dissatisfied

Very dissatisfied

\* 4.9 How satisfied are you with the OLS Assessment?

Very satisfied

Rather satisfied

Neither satisfied nor dissatisfied

Rather dissatisfied

Very dissatisfied

\* 4.10 Why didn't you take advantage of linguistic support?

I did not ask for it

I did not need it because my knowledge of the foreign language was adequate

I did not have time

The sending/receiving organisations did not provide it to me

Other

I did not need it as it is my mother-tongue

Nu trebuie sa apara

\* 4.11 While staying abroad, did you improve your competence in other languages besides the main one used?

Yes

No

Which were those languages?

\* 4.12 Language 1

Bulgarian

Croatian

Czech

Danish

Dutch

English

Estonian

Finnish

French

- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\*4.13 If other, please specify

#### 4.14 Language 2

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese



- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

\*4.15 If other, please specify

## 5 Certification and Formal Recognition

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\*5.1 Were the learning outcomes from your mobility period recognized?

The purpose of this question is for you to say what kind of "proof" of your learning abroad you have received. For example, did it count towards your school leaving certificate, did you get a certificate from hosting organisation, Europass, etc. This is specified in the Learning Agreement signed before your mobility started.

- Yes  
 No

\*5.2 What type of certification did you receive?

Multiple answers are possible.

- ECVET credits
- Europass
- Recognition by home institution (requirements fulfilled towards acquiring school leaving certificate)
- Recognition at regional level (requirements fulfilled/ credits acquired in regional education system)
- Recognition at national level (requirements fulfilled/ credits acquired in national education system)
- Attendance certificate by host institution
- Work certificate
- Other

\*5.3 If other, please specify.

## 6 Personal Development

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6.1 By participating in this Erasmus+ activity I believe I have developed the following competences:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* Competences in mathematics, science and technology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
* Digital competence (e.g. using the Internet, social media and PCs for my studies, work and personal activities)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Learning to learn (planning and carrying out my learning independently)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social and civic competences (e.g. to appreciate the value of different cultures and better understand concepts such as democracy, justice, equality, citizenship and civil rights)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Sense of initiative and entrepreneurship (e.g. how to develop an idea and put it into practice)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Cultural awareness and expression (e.g. expressing yourself creatively and better understanding arts and media)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.2 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* cooperate in teams	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.3 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree

* I improved my technical/professional skills/competences	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more confident and convinced of my abilities	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I know better my strengths and weaknesses	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more able to adapt to and act in new situations	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more able to think and analyse information critically	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more tolerant towards other persons' values and behaviour	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more open-minded and curious about new challenges	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I intend to participate more actively in social and political life of my community	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more interested in knowing what happens in the world daily	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more able to reach decisions	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I am more interested in European topics	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 7 Future Prospects of Education, Training and Work

### 7.1 Thanks to this mobility experience:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I have a clearer idea about my professional career aspirations and goals	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I have better opportunities for internships or jobs in my home country	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

* I am better capable of taking over work tasks with high responsibility after my stay abroad	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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7.2 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I can easily imagine working abroad at some point in the future	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I can easily imagine working in the country where I did my Erasmus+ period in the future	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
* I would like to work in an international context	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 8 Practical and Organisational Arrangements

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\* 8.1 Did you require a visa in order to participate in this mobility?

Yes

No

8.2 How satisfied were you with assistance related to visa issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* provided by the sending institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* provided by the receiving institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Nu trebuie sa apara

8.3 How would you consider your degree of integration during your mobility experience?

	Very good	Good	Fair	Poor	Very poor	Not applicable
* In the everyday life of the receiving institution	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* With local trainees or employees	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* With other Erasmus+ / international trainees	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8.4 How satisfied were you with the following aspects of your mobility?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* The length of the study/training period	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Alignment of the courses /training abroad with the curriculum at the sending institution	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 8.5 Did you have a mentor in the hosting organisation?

- Yes  
 No

\* 8.6 How satisfied were you with your mentor provided by the hosting organisation?

- Very satisfied  
 Rather satisfied  
 Neither satisfied nor dissatisfied  
 Rather dissatisfied  
 Very dissatisfied

8.7 How satisfied are you with your accommodation and travel arrangements?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* Your accommodation	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Your travel arrangements	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*8.8 In case you were dissatisfied with some of the practical and organisational arrangements offered by the sending and hosting organisations, please explain why.

Eu consider ca asistentii ar trebui sa le acorde mai multa atentie celor veniti in proiect.

nu am nimic de obiectat in ceea ce priveste proiectul , mi-a placut foarte mult experienta avuta in spitalul cardarelli

## 9 Costs

\*9.1 To what extent did the Erasmus+ grant cover your overall expenses related to your mobility period?

- 0-25%  
 26-50%  
 51-75%  
 76-100%  
 I don't know / I was not aware my sending organisation received an Erasmus+ grant for my mobility

\*9.2 Did you receive any other sources of funding, in addition to the Erasmus+ grant?

Multiple answers are possible.

- State and/or regional grant(s)  
 Grant from your sending institution  
 Part-time job during your period abroad  
 Other grants or loans  
 Family  
 Own savings  
 Contribution from host organisation  
 Other sources  
 None

Se alege ori Family ori None  
Nu se pot alege amandoua

## 10 Conclusions, Personal Comments and Recommendations

10.1 How would you rate the support (dealing with questions, complaints or problems) you received by

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied
* Your sending institution	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Your hosting institution	<input checked="" type="checkbox"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*10.2 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied  
 Rather satisfied  
 Neither satisfied nor dissatisfied

- Rather dissatisfied
- Very dissatisfied

10.3 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants, projects as well as to the National Agency or the European Commission

Le recomand viitorilor mei colegi care vor sa mearga intr-o astfel de experienta, pot sa acumuleze foarte multe cunostinte.

Consider ca in viitoarele proiecte participantii ar putea sa invete mai multe despre cultura Italiei. Acest lucru s-ar putea face prin organizarea mai multor excursii in locuri culturale.

## 11 Publication and Usage Rights of the Information and of the Email Address

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\* 11.1 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

\* 11.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.

- Yes
- No